

Healthy living goal of CVUSD employee fair

Massages, acupuncture, glucose screening, and hiking opportunities were among the offerings at the 2016 Chino Valley Unified School District Employee Health Fair, held Jan. 20 at the Chino Valley Adult School in Chino.

Hundreds of employees visited booths offered by a variety of vendors, including district health care providers, the Chino Valley YMCA, the City of Chino, the District's Nutrition Services department, hospitals, and fitness companies. Representatives from an investment firm and a credit union were also on hand to assist employees.

Those attending the fair could have their hearing screened at the CVUSD Health Center, and visit the newly remodeled CARE Clothing Closet, both on the Adult School campus.

The Health Center offers several types of health services to children who have no insurance or are underinsured. Among the services available are school-entry physical exams, well-child check-ups, sports physicals, sick care treatment and follow-up, immunizations, hearing and vision screening. The Health Center is open 7:30 a.m. to noon and 1:00 to 3:00 p.m. Monday through Friday.

Chino Valley Unified School District families in need are referred to the CARE Clothes Closet by case managers at the District's HOPE Resource Centers. The families are allowed to select complete outfits per child during their visit to the store-like "closet." The program partners with the Shoes That Fit charity when students need shoes. Toiletries, including toothpaste, deodorant, and shampoo, are also available at the CARE Closet. A few baby strollers and blankets for homeless families have also been donated to the closet for distribution. Volunteers help sort, wash, and hang up clothing at the site.

Pictured below:



Leslie Byrne (right), an adapted physical education specialist for Chino Valley Unified School District, has her hearing checked by Zahira Orioli, nurse practitioner for the CVUSD Health Center, during the Employee Health Fair held Jan. 20 at the Chino Valley Adult School in Chino.



Kim James (left), a technology trainer for the school district, is happy about getting a neck and shoulder massage from Didi Camero, a massage therapist for Massage Heights of Chino Hills.



Linda Ferriera (right), a nutrition services manager at Don Lugo High, has her glucose tested by Lindsey Tobey, a health coach for California Schools VEBA. The company also offered health screenings at the CVUSD Employee Health Fair.



Diane Zamora (left), a receptionist for Chino Valley Smile Center, has Chino Valley Unified School District employees register so they can spin a wheel for free prizes at the health fair.



A staff member enters the newly remodeled CARE Closet in a former classroom at the Chino Valley Adult School in Chino. Families in need are referred to the closet, where parents can select up to five outfits for their child. The clothing is donated by individuals, community groups, and school district employees.



Ramona Junior High students Tiffany Sanchez (left), Courtney Peterson, and Giovanna Magallanes sort clothes for the CARE Closet. They are all members of the Ramona After-School Achievement Program (RAAP).



Clothes are stacked neatly on shelves in the CARE Closet.



Jane Carter, a kitchen manager with the District's Nutrition Services department, offers fresh fruit to visitors at the Employee Health Fair.